### **The StairWalker**

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# **Walking Aids with Stairs**

UCSF Disabilities Statistics Center study on mobility device use:

- **1.8 million** Americans use walkers
- Only 39.3% of mobility device users live in houses with just one floor
- 62.1% of mobility device users must climb steps to get in or out of their homes
- Only 9.6% of mobility device users have added stair-climbing features

Our contact, Luis Loya (Access Planner for Kessler McGuinness and Associates) verifies need for product.



# **Current Products**

#### Stair lifts:

 Person sits on chair, which then climbs up the side of the wall



#### **Expensive:**

 Cheapest are about \$2,500

#### No walker:

 Will not bring up the walker, so person lands on the upper floor without walking aid

### **Current Products**

#### US Patent 6,453,921B1:

- Retractable legs
- Activated by gripping handle



Safety risk  $\rightarrow$  **falling** 

- 1/3 of people 65 and older fall at least once a year
- Fear of falling is main fear among elderly, above robbery and financial fears

#### Requires hand dexterity, which elderly often don't have

# **The StairWalker**

- Attaches to the railings
- As the user pushes the walker up against the bar, the StairWalker moves up too
- The StairWalker will
  not fall back down



### **How It Works**



- Walker attaches to a crossbar at the front
  - Rubber rollers to firmly grip the railing
- Uses **ratchets** to keep from falling down

### **Features**

- Safety prevents user from falling
- Mobility helps users have full access to their walkers
- Low cost
- Requires minimal installation

#### **Critical parts:**

- Properly compressible rubber rollers to grip rail
- Sliding enough to push it up
- Interfacing with the wall and existing railing

# **Further Considerations**

- Range of railing shapes and sizes:
- Attach a baseline track to the railing, sold with the StairWalker.
- The box could clamp onto the railing from the top, or from the

side  $\rightarrow$ 



Going down stairs:

- Orient the rollers on each side in different directions. Lock one side each time, depending on direction.
- For railings that do not start at the first step, include rail extension.

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### **StairWalker**

#### Can be an aid and asset to the 1.8 million Americans who use walkers.



- Kaye, H. Stephen, Taewoon Kang, Mitchell P. LaPlante. "Mobility Device Use in the United States." UCSF Disabilities Statistics Center, June 2000 <u>http://dsc.ucsf.edu/publication.php?</u> <u>pub\_id=2&section\_id=1</u> (1 October 2008).
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- Howland, Jonathan, et al. "Fear of Falling among the Community-Dwelling Elderly", *Journal of Aging and Health*, 5, No. 2 (1993): 229-243.
- Rost, Brian M. "Stair walker." US Patent 6,453,921 B1. 24 September 2002.